



# *together*

FALL 2023

**Cheers!**  
You're providing  
nourishing food to  
neighbors in need like Jeff,  
along with thousands of  
other people across our  
community.





4190 N. Pecos Rd.  
Las Vegas, NV 89115  
702 644-3663  
threesquare.org



### OUR MISSION

The mission of Three Square Food Bank is to provide wholesome food to hungry people, while passionately pursuing a hunger-free community. Our vision is simple: No one in our community should be hungry. By bringing together the resources, experience and passion of the people and businesses of Southern Nevada, we can make sure no one has to. Together, we can feed everyone.

*Three Square Food Bank is registered with the Secretary of State and qualified by the Internal Revenue Service as a 501 (c)(3) nonprofit organization, and a member of Feeding America. Established in 2007, Three Square is Southern Nevada's only food bank and the area's largest hunger-relief organization. Your charitable contribution to Three Square is tax-deductible to the extent allowed by law.*



## Food for Thought

It's hard to believe the holiday season is just around the corner, but it will be here in the blink of an eye. And that's just one more reason I appreciate you — one more reason I'm glad we're in this *together!*

You see, while recent Map the Meal Gap data shows a downward trend in food insecurity, it doesn't change the fact that too many of our neighbors are still uncertain about where their next meal is coming from, especially during the holidays. **More than 274,000 individuals** continue facing hunger — that's **one in eight** Southern Nevadans. But I know that working together, we can feed everyone.

Through your partnership with Three Square Food Bank, you play such a critical role in the pursuit of a hunger-free community. Thanks to friends like you, Three Square serves approximately **140,000 unduplicated individuals** a month through our general food distributions.

In this latest newsletter, you can read about the enormous impact your support is making for vulnerable neighbors. One way is through our renewed partnership with Communities in School, which will bolster our childhood nutrition programs.

I think you'll also be inspired by our growing work with East Valley Family Services (EVFS), which has reached thousands of individuals, families, and seniors with nourishing food. And you're sure to be moved by the special care being offered to local seniors. (See Jeff's personal story on the next page.)

With the high costs for food and fuel to transport it, your support is a huge help and greatly appreciated.

**Every gift you give impacts the lives of Southern Nevadans now and during the holiday season.**

Thanks again for your loyal partnership and for your commitment to a hunger-free community!

Gratefully,

Beth Martino, President & CEO



## Your Kindness Has Jeff Feeling Full (of food and gratitude)!

Jeff built a career working at the world-famous Hollywood Bowl in California. But when the venue shut down during the pandemic, he decided it was time to retire and headed to Nevada to live out his golden years.

Like so many seniors in our community, Jeff is on a very tight budget. So, he's extremely grateful for the meals he receives from Three Square Food Bank at the Whitney Library — especially with today's high cost of housing, food, gas, and other life essentials. This location, along with the East Las Vegas and Clark County libraries, provides free, healthy meals throughout the week to seniors 60+ and their loved ones. They also offer activities that allow older adults to learn and create new friendships. When the program launched in April 2022, it served 35 meals

in its opening week. We now serve nearly 900 meals a week, which has fed over 22,000 seniors in the past year.

*"I appreciate that this food is available," Jeff says. "The meals from the food bank are helping me stay afloat, and they fill me up completely each time I come here."*

Maintaining proper nutrition is especially critical for our senior neighbors, yet it is an ongoing challenge as economic constraints lead some to eat less or skip meals altogether. This and the anticipated growth of the senior population underscore the critical role Three Square Food Bank and compassionate friends like you play in addressing senior food insecurity.

Of course, hunger doesn't discriminate and neither does Three Square. Seniors, veterans, men, women, children, and working families struggle every day — in every zip code in Southern Nevada. And we're here for each and every one of them, thanks to you.

You are truly making a difference for your hungry neighbors, and Jeff wants you to know your generous help and impact doesn't go unnoticed. *"I am grateful to have a friend like Three Square Food Bank!"* he says.



### Need Food?

If you or a senior you know is in need of help with food, please call **702-765-4030** or email **seniorhunger@threesquare.org**.

Thanks to our partnership with Lyft, seniors can get a free, round-trip ride to one of these community meals along with rides to a Golden Groceries pantry, a grocery store to use SNAP benefits, or an appointment to receive a COVID-19 vaccine.

*Thank you for helping to ensure our vulnerable neighbors receive the nourishing food they need today and every day!*



## Renewed Partnership Serves Nutritious Food to Schoolchildren

Three Square is excited to renew our partnership with Communities in Schools and the Elaine P. Wynn & Family Foundation. Communities in Schools is an organization that shares your passion to ensure all children receive the healthy food they need to succeed in the classroom — and in life. Together, we're establishing five mobile food pantries to reach out to seven schools in high-need areas.

**We anticipate serving a total of 1,100 families per month during the 9-month school year. That means approximately 250 families at each site will receive 25 pounds of food and grocery product each and every month.**

This is absolutely crucial because one in six kids lives in a food-insecure household — that's nearly 94,000 children who don't know where their next meal is coming from.

When a student returns home after school, they are not the only ones at risk of facing hunger — a parent, sibling, or grandparent may go without, especially if it means their sacrifice will feed a loved one. The renewal of this partnership helps us go beyond our impact through our childhood nutrition programs and provides produce, grains, meat, and dairy for the whole household. With these new mobile food pantries, we ensure children and their families have access to the proper nutrition they need to thrive.

This collaborative program is just another way our community comes together to make sure no child goes hungry. Thank you!



## Working Together to Feed Hungry Seniors

Feeding our many hungry neighbors at Thanksgiving and year-round is no small feat. It truly takes a village to reach those struggling with hunger in Southern Nevada, including compassionate supporters like you — and amazing partner agencies like East Valley Family Services (EVFS).

For 15 years, we've partnered with EVFS to connect thousands of people with nourishing food. And with the rising number of those who are food insecure, our partnership has continued to grow, impacting individuals, families — and perhaps those most vulnerable — seniors.

*"We are faced with food insecurity from all walks of life, and this is especially true when it comes to our seniors,"* says Leah Guevara, Marketing & Education Manager at East Valley Family Services. *"Many are on a fixed income with very little family support and suffer from isolation."*

Through this strong partnership, nutritious food is making its way to seniors in a variety of strategic ways. One is the Golden Groceries program, which has allowed us to serve healthy,



Thank you for  
Partnering With  
Three Square and  
East Valley Family  
Services to feed  
hungry neighbors!

supplemental groceries to nearly 139,000 older adults, which included more than 49,000 home deliveries to homebound seniors. The Homebound Program delivers food directly to the homes of individuals with a disability.

***"Three Square Food Bank provides nutritious food to support our distribution programs and allows us to be a consistent food resource,"*** Leah Guevara says. *"Reaching thousands of families from East, Central and Laughlin, Nevada over the years ... is a testimony to our successful partnership."*



## Food ... *The Perfect Gift*

The holidays will be here before you know it, and there's no more meaningful gift you can give than food to help a hungry neighbor. This is especially true this year, when soaring costs for groceries, housing, gasoline, and other essentials have devastated communities across Southern Nevada — and when many families are struggling to keep food on the table.

**Every \$1 you give today will provide 3 meals!**

Just imagine how many lives you can touch. Please be as generous as possible, and help make the holidays merry and bright for your neighbors in need.