



together, we can feed everyone

FEEDING AMERICA

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#### **OUR MISSION**

The mission of Three Square
Food Bank is to provide
wholesome food to hungry
people, while passionately
pursuing a hunger-free
community. Our vision is simple:
No one in our community should
be hungry. By bringing together
the resources, experience
and passion of the people and
businesses of Southern Nevada,
we can make sure no one has to.
Together, we can feed everyone.

Three Square Food Bank is registered with the Secretary of State and qualified by the Internal Revenue Service as a 501 (c)(3) nonprofit organization, and a member of Feeding America. Established in 2007, Three Square is Southern Nevada's only food bank and the area's largest hunger-relief organization. Your charitable contribution to Three Square is tax-deductible to the extent allowed by law.



## Food for Thought

We call this newsletter *Together* for good reason: We can't do this work alone. We need *you*, and I'm so grateful that you're on this journey with us.

Because of *you*, tens of millions of meals were distributed to neighbors throughout Southern Nevada in the last year.

There's not a corner of our community that isn't touched by your compassion. Every day, Three Square Food Bank's 22 trucks head out to our community partners. Each truck is filled to the brim with nourishing food that will soon be on the tables of children, families, and seniors facing hunger (like Andrea, featured on page 4).

In the course of a given month, through the generosity and compassion of volunteers, agency partners, and friends like you, more than 100,000 of our neighbors receive food. As you read the stories in this newsletter, I hope you'll be inspired by the wonderful difference you're making in so many lives. Individuals and households struggling with unemployment,

financial hardship, illness, and other difficulties all have access to healthy food ... thanks to *you*!

That's what happens in partnership, when we all join hands and work together.

Gratefully,

Buch Maxino

Beth Martino President & CEO In the course of a given month, through the generosity and compassion of friends like you, more than 100,000 of our neighbors receive food.

# *7'm Blessed* to Be Able to Help

As a retired widower currently fighting cancer, Joshua has found something good that brings him joy and comfort: Volunteering to feed our neighbors.

"When I see people who need the food, they inspire me to come and give them the food," he says. "The people at Three Square like to help people, and this is the way I feel. It's in my heart. I'm blessed to be able to help people."





### "Mr. Gabe, I'm Hungry!"

Gabe's parents immigrated to the U.S. from Nigeria, and struggled while trying to land on their feet. Gabe didn't realize it at the time, but looking back, he realizes his family was food insecure.

"Other kids had things I didn't have," he says now. "I looked forward to getting food at school, I didn't care what it was. I was like, cool, I get to eat."

Today, 23-year-old Gabe gets special satisfaction seeing children get the food they need. As an education and leadership specialist at the Andre Agassi Boys & Girls Club, he nourishes kids in a variety of ways: educational activities, sports and games, and, thanks to a partnership with Three Square Food Bank, through snacks and meals. Through these partnerships, kids can benefit through programs like Kids Cafe and Meet Up and Eat Up.

"Many of these kids don't know where their next meal is coming from," says Gabe. "But here, every day, Monday through Friday, we have something for them to eat."

Sometimes it's a nutritious breakfast. Sometimes it's a healthy after-school snack.

"When kids get off the bus, they say, 'Mr. Gabe, I'm hungry,'" he says. "I say, 'Don't worry. In about three minutes, we're going to hit the cafeteria!' And that provides happiness, because when you've been filled, it helps a lot."

Gabe knows that hunger is one of the enemies of good education. A hungry student often suffers academically, socially, and emotionally.

"Hunger is super detrimental for their growth," Gabe says.

Gabe is grateful to supporters like you who make this partnership possible.

"I appreciate the donors because I can see the direct effects they have on these kids," he says. "You should be proud of what you do for the youth here. Thank you!"





Jonathan "rescues" food from all across our community. What does that mean?

He visits local grocery stores daily to pick up their donations, including many items that might otherwise be thrown away. Each store he visits brings a smile to his face because he knows the product he rescues will make its way to agency partners, who then distribute the food directly to our neighbors.

"At the end of each day, I feel a sense of gratitude, knowing that I do my part for the community," he says. "For people who are down and out, the things we do make their day a little easier. It's rewarding to accomplish that on the daily basis."

Jonathan loves serving his neighbors—and he's grateful for generous friends like you who make it possible!



With two incomes, Andrea and her husband were doing fine. But when her job was phased out, things got tight: "We're just barely scraping by," she says.

That's why she's so thankful to receive healthy food from Three Square Food Bank.

"Even though we don't make a lot of money, we can still eat a healthy balanced diet," she says, "This really does help a lot." "A huge thank you from the bottom of my heart."

She appreciates donors like you "because I know the impact it has on low-income families. We feel cared about, we feel seen. Without your donations, we might be homeless. But I can keep looking for a job and not stress about where my next meal is coming from. A huge thank you from the bottom of my heart."

### Vivi's Jar is 10 Years Old!

I can't believe it's been 10 years since I first put out an empty Mason jar to raise funds so kids can eat and eat and eat (look how little I was). I was 5 at the time, and we raised enough for 750 meals. Ten years and millions of meals later, we're still at it! Please give today.

\$\frac{41}{2}\$ provides 3 meals. Thank you! — Vivi





Scan to donate today!

(Vivi, age 5)